

CITY OF MIAMI BEACH
Office of the City Manager
Letter to Commission No. 034-2005



To: Mayor David Dermer and
Members of the City Commission

Date: February 4, 2005

From: Jorge M. Gonzalez
City Manager

JMG

Subject: Stepping Up For Health

The Parks & Recreation Department is proud to have been selected by the Miami-Dade County Health Department to host the County's signature event as it celebrates "Step Up Florida." Step Up Florida is a Florida Department of Health statewide program aimed at promoting physical activity and healthy lifestyles among the states' residents and visitors.

Dignitaries from the Florida Department Health, the Miami-Dade County Commission and the Miami City Commission have been invited to attend an official ceremony marking Miami-Dade County's participation in Step Up Florida. The ceremony will be held at Noon, Wednesday, February 16, 2005 at the North Shore Park & Youth Center. We understand that you will be receiving official invitations from Miami-Dade County Health Department.

About 150 youth participating in the event will stop at North Shore Park & Youth Center on their walk across Miami-Dade County from Monroe County on the south to Broward County on the north. At the Center they will have lunch, rest and watch a hip-hop presentation in the gymnasium.

Our Department became involved with this event as part of its outreach to state and local agencies that promote healthy lifestyles for adults and children. Our department has begun a pilot program of our own at the Scott Rakow Youth Center to support parents in the fight against childhood obesity.

You are cordially invited to this event and to visit our facilities and experience firsthand the recreational programs that offer something for every member of the family.

Should you have additional questions, please contact Kevin Smith at (305) 673-7730.

JMG/RCM/KBS/jm

c: Robert C. Middaugh, Assistant City Manager
Kevin Smith, Parks & Recreation Director
Julio Magrisso, Assistant Parks & Recreation Director

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